

Personal Protective Equipment

When workplace hazards cannot be guarded or engineered to prevent exposure, we have to rely on another means to protect ourselves. This is where our PPE comes in. It is considered the last resort to protect us from workplace hazards.

Protecting yourself with proper PPE

- ◇ Personal protective equipment (PPE) is one of the best defenses against exposure to job related hazards
- ◇ When you use the appropriate PPE, and use it correctly, you can significantly reduce your risk of injury
- ◇ Most PPE needs to be American National Standard Institute (ANSI) approved
- ◇ Select the proper PPE for the job
- ◇ Make sure it fits properly each time you use it
- ◇ Always check PPE for damage before and after use
- ◇ Clean PPE before putting it away
- ◇ Dispose of any single-use or damaged PPE
- ◇ Store PPE carefully in its assigned place
- ◇ Avoid storing PPE in conditions that could damage it like heat, light, moisture, etc.

Taking Care of your PPE

- ◇ Eye and Face Protection (ANSI Z87.1)
 - fits comfortably, does not distort or block vision, put on before exposure, clean regularly
- ◇ Foot Protection (ANSI Z41)
 - fits comfortably, inspect before each use, no cracks or holes in chemical or water proof boots, check soles for excessive wear
- ◇ Hearing Protection
 - throw out disposables, keep renewable earplugs clean, store hearing protection properly
- ◇ Head Protection (ANSI Z89)
 - fit properly, inspect before and after each use, clean regularly, used to protect the head
- ◇ Hand Protection
 - Comfortable fit, inspect before each use, keep clean and dry, discard if damaged or contaminated, avoid use around rotating parts
- ◇ Respiratory Protection
 - Needs to have medical approval, conduct annual fit test, inspect before each use, check the seal, store properly

What PPE are you required to wear in your work environment?